



The Primary PE and sport premium

Planning, reporting and evaluating website tool

Updated September 2023



Department
for Education

Created by





In 2023/24 our school plans to use our sports funding £16,790 to:



All of our planned activities are designed to build children's confidence, self-belief and self-esteem. They should help the children to see the benefits of activity and exercise: learning that it is fun and has benefits for our mental and physical wellbeing. In the long term, we hope that it will encourage children to continue this healthy and active lifestyle once they leave us and that it stays with them for life.

Areas for further improvement and baseline evidence of need:

- Uptake for *after* School clubs has been in decline due to children having other commitments outside of school, we need to build on our successes last year and engage more children in **taking up the 60 active** minutes *within the school day* and **increase fitness and participation levels.**
- **Bike Riding** - We have increasing numbers of children who are unable to ride a bike in Y5 when they need to undertake Bikeability training
- **Netball**- Considering the success of the England Netball team this summer, we would like to capitalise on this and inspire our children to participate in this sport. This is an area that has received little attention and funding in school over recent years: Uptake at after school netball club died off a few years ago and children have been unable to participate in competitions due lack of numbers and interest. We also have a larger percentage of girls on roll.
- **Dance** - In 2021 - 2023, children received limited opportunities for dance outside of the curriculum. We have some talented dancers in school who need more opportunities to shine, and we have children who may find dance a relief for their mental and physical well-being. We entered an event in March 2022 and had good interest across the school. We would also like to develop this in line with our arts mark application this year.

Key Indicators (K.I) as set out for DfE

KI.1: Increased confidence, knowledge and skills of staff in teaching PE and sport

KS2 The engagement of ALL pupils in regular physical activity - chief medical officer guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day.

KI.3 :The profile of PESSPA being raised across the school as a tool for whole school improvement

KI.4: Broader experience of a range of sports and activities offered to all pupils

KI.5: Increased participation in competitive sport

Review of last year's spend and key achievements (2022/2023)

We recommend you start by reflecting on the impact of current provision and reviewing your previous spend.

Activity/Action	Impact
<p>Develop and maintain 60 active minutes across school</p>	<p>Initially, we identified the children who were least active and engaged in school sport and PE and invited them along to the Change 4 life club, which ran every week. This reached 10 of our KS2 pupils (20%) .</p> <p>We then identified children who were struggling with fundamental movement skills in both KS1 (11 children) and KS2 (6 children) –to provide weekly intervention sessions (22%).</p> <p>EVERY child in the school has engaged with the extra provision throughout every term. The only exception to this have been 3 children in KS2 in the Autumn term as they had medical needs or injuries and were unable to participate. They have since engaged with the provision. ALL children have been impacted by this provision.</p> <p>There is a real buzz around school and a love of sport and physical activity. Children are organised and ready to go out quickly at 12:00 as they are excited to do so.</p> <p>There have been less fall outs and incidents to deal with at the end of lunchtimes, allowing teaching staff to get straight on with lessons.</p> <p>Children are more settled and concentrate better in the afternoons as they have been able to exercise and get fresh air</p> <p>Morning playtimes in particular have a different feel. Standing outside on KS2 duty, it has been lovely to see all, except approximately 10 children, playing football. They have organised themselves into 3 zones: a Y5/6 area, a Y3/4 area and a girls area. Previously, girls were never seen playing football at playtimes, but wandering around talking. The other 10 children were playing their own playground games, which had been taught to them by the coaches at lunchtimes as part of warm up activities. Playtime has become much more active and we see very few children standing and talking now during morning play. This change has been driven by the children and their newfound love of activity.</p> <p>Lunchtimes also have a different feel and again, all children are physically active in this time. They speak enthusiastically about the activity they have taken part in and are fostering the love of sport and physical activity that we aim for at Balderstone.</p> <p>Parents have commented favourably about all the opportunities that we offer, which has improved their views of school.</p> <p>There has been improved mental health of targeted children who have been identified as struggling with anxiety and heightened stress responses.</p> <p>Staff wellbeing has improved as there are less behaviour issues to deal with as children are more engaged. This has also allowed for fuller teaching opportunities</p>

Key priorities and Planning

Action – what are you planning to do	Who does this action impact?	Key indicator to meet	Impacts and how sustainability will be achieved?	Cost linked to the action
Buy into the Hyndburn and Ribble Valley School sports Partnership: Basic Package including School Games affiliation.	Staff – CPD, support Children – competitions/ events/playground leaders; active minutes	KI 1,2,3,4,5	<ul style="list-style-type: none"> All Children across the school have the opportunity to compete in a range of sporting activities through a diverse competition Calendar (competitive and non-competitive) Staff CPD and provision of training and resources available Support, where needed, for the school to develop a plan to improve PE and school sport. Assistance available with school games mark application More children given the opportunity to represent the school. Leadership skills developed amongst children who will be trained as playground leaders. These children will help with the delivery of 60 active minutes during lunch and playtimes 	£1500
Use of Sportscool/absolute futbol to provide sports provision as extra curricular activities. <ul style="list-style-type: none"> Before school Lunchtimes After school Including, but not limited to: Dance, netball, football, athletics, balance ability, playground leadership development.	Children – active minutes; intervention provided & skills developed Welfare staff – lunchtime support Staff	KI 1, 2 ,3,4, 5	<ul style="list-style-type: none"> access high-quality sports education New opportunities provided to inspire children to participate in physical activity. Skills developed and children prepared for competitions. 60 active minutes per day provision Activities provided to address mental health eg yoga Intervention time for identified children to develop fundamental movement skills and fitness. Support for welfare staff in the running of lunchtimes Focussed activities to prevent playtime issues from arising. <ul style="list-style-type: none"> Welfare staff will be able to observe and gain the CPD, with the aim of being able to deliver some of the activities themselves during lunch hours. 	Approx. £600/month £6600

<p>Use of sportscool/absolute futbol to support with the delivery of dance provision:</p> <p>-deliver a dance club after school in Autumn 2 (zumba/street)</p> <p>- Spring Term: Provide support with composing an entry for the HRVSSP Dance festival in March '24</p>	<p>Children</p> <p>Staff - CPD</p>	<p>Kl 1,2,3,4,5</p>	<ul style="list-style-type: none"> • Children see the impact on mental health and how dance can be used as a tool to express themselves/tell as story • Children who do not enjoy competitive team sports are able enjoy competition in a different way • Able dancers are given the opportunity to showcase their talents <ul style="list-style-type: none"> • Increased engagement in physical activity by less active children, whilst having FUN! • Increased staff confidence with creative dance • Increased staff knowledge of more structured dance style • Children with talent taking more leadership roles with the delivery of dance. 	<p>Included in above provision costs</p>
<p>Pay member of staff to plan and deliver all aspects of PE and School sport</p>	<p>Children</p> <p>Subject Leader</p> <p>Staff</p>	<p>Kl 1,2,3,4,5</p>	<ul style="list-style-type: none"> • Children have the opportunity to try out new sports • Children are given the opportunity to compete in a variety of sports and competitions • Subject leader has time to monitor and develop the subject effectively • Children will continue to be given the opportunity to compete, participate in after school clubs and represent the school. 	<p>£3950</p>
<p>Develop of Infant Bike riding provision by:</p> <p>-Training a member of staff in "Balanceability"</p> <p>- Purchase of additional balance bikes and helmets</p>	<p>EYFS Teacher</p> <p>Infant Children</p>	<p>K 1,2,3,4</p>	<ul style="list-style-type: none"> • Motor skills are developed <ul style="list-style-type: none"> • Children are able to confidently balance on bikes and are beginning to ride 2 wheel bikes independently • A member of staff will be trained in teaching the children how to make use of the balance bikes. • School will have 6 new balance bikes for future use. The bikes will allow children in the future to progress 	<p>£1300</p>

Provide transport to sporting fixtures & provide supply cover to allow staff to take children to events	Children – able to access competition Staff Parents	KI 2,3, 4,5	<ul style="list-style-type: none"> Children given the opportunity to participate in various sporting competitions at different Venues. Children will continue to be given the opportunity to compete, participate in after school clubs and represent the school. More parental help with transport would be required in future years. 	£580
Purchase new or replacement resources Eg netballs, football nets, playground equipment, tennis balls, dodgeballs Purchase Scarf Education resource	Children Welfare staff Staff	KI ,2,3,4	<ul style="list-style-type: none"> Co-ordination and FMS developed. Children learn to assess and take risks safely Develop knowledge and understanding of how to lead healthy, active and safe lifestyles. Quality resources that are accessible and in use, providing a greater range of activities on offer Equipment purchased will be long lasting and will only need topping up 	£2300
Lancashire PE professional Learning offer Level 3 from sports partnership APP	Staff Children	KI 1,2,3,4,5	<ul style="list-style-type: none"> Lancashire updated EY, KS1 & KS2 SoW Staff will be trained to have Access to App Full App with access to assessment , monitoring and tracking facilities and additional resource materials and videos to aid CPD Staff up to date with new initiatives. Expertise and knowledge will be shared amongst staff 	£559

Key achievements 2023-2024

This template will be completed at the end of the academic year and will showcase the key achievements schools have made with their Primary PE and sport premium spending.

Activity/Action	Impact	Comments
<p><u>Aim 1: Taking up the 60 active minutes within the school day and increase fitness and participation levels.</u></p> <p>Absolute Futbol have provided lunchtime provision across the school year. 2 clubs take place each lunchtime and also 2 after school clubs each week.</p>	<p>Building on the success of last year, all children have been actively engaged in the provision and have looked forward to their sessions. We have had more of focus on football at lunchtime this year in order to manage and avoid potential behaviours that can occur when children are playing themselves. This has led to very few football incidents/fallouts and has engaged both boys and girls in football throughout the year. There is increased participation in girls football and they are now confident playing amongst the boys. There are very few children who do not participate in football based activities now. Clubs have also been provided in netball, athletics, cricket, change for life, fundamental movement, hockey, gymnastics... (to name a few) and have helped prepare the children for competitions.</p>	<p>We will continue to build on this again next year, but with a new provider.</p> <p>Playground stock will need replenishing as it has been very well used.</p>
<p><u>Aim 2 Bike Riding</u> – Balance bikes and helmets purchased. EYFS teacher has been trained in delivering balance bike training.</p>	<p>The EYFS children LOVE their balance bikes and are often seen whizzing confidently around the playground, laughing . We have been able to get hold of some pedal bikes to support the development of these newly learned skills.</p>	
<p><u>Aim 3: Netball</u> – Lunchtime clubs ran each week, sometimes twice a week with coach Aimy, a qualified teacher and sports coach. Entered HRVSSP netball league for the first time</p>	<p>The lunchtime club for Y4, Y5 and Y6 has been popular and well attended. We had so much interest that we were able to enter 2 teams into the HRVSSP league. One team finished in 4th position in both the league and the summer tournament. At morning playtimes, children have chosen to spend their break practicing their shooting: this improved level of skill was evident in</p>	<p>Engagement from boys has been weak. Will try to engage a few more next year, although we will not have many boys in the juniors overall next year. Will need to purchase a</p>

<p>Aim 4: Dance – Street dance club provided in Autumn 2. An after school club ran throughout the spring term after school. Entered a HRVSSP competition. Coach provided to event.</p>	<p>competitions, with some children rarely missing a shot.</p> <p>Street dance club was well attended in Autumn 2. The spring term club resulted in a piece that the children themselves had devised under the supervision and guidance of coach Al. They chose their own tracks and provided ideas along the way. Two Y6 G&T children had a strong input into the choreography and modelling movements. This was then performed by 18 children from Y1 to Y6 in a large theatre , complete with smoke, lighting and a full audience.</p>	<p>new set of bibs and new balls next year.</p> <p>We will continue to build on this again next year, but with a new provider.</p>
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Swimming Data

Meeting National Curriculum requirements for swimming and water safety.

Priority should always be given to ensuring that pupils can perform safe self-rescue even if they do not fully meet the first two requirements of the National Curriculum programme of study

<u>Question</u>	<u>Stats:</u>	<u>Further context</u> <u>Relative to local challenges</u>
What percentage of your current Year 6 cohort can swim competently, confidently and proficiently over a distance of at least 25 metres?	100 %	13 children in the cohort. 2 children who joined Balderstone (1 in Y4 and 1 in Y5) were provided with additional swimming lessons beyond the normal curriculum provision. (lessons usually in y3 and Y4). They attended swimming lessons in Y5 and in Y6 in order for them to meet the expected standards 1 child had additional lessons in Y5, after which expected standards were met
What percentage of your current Year 6 cohort can use a range of strokes effectively [for example, front crawl, backstroke, and breaststroke]?	100%	Lessons usually take place within Y3 and 4. Children who have not met expected standard at the end of this provision continue to attend in Y5 and, if necessary, in Y6.
What percentage of your current Year 6 cohort are able to perform safe self-rescue in different water-based situations?	100%	

<p>If your schools swimming data is below national expectation, you can choose to use the Primary PE and sport premium to provide additional top-up sessions for those pupils that did not meet National Curriculum requirements after the completion of core lessons. Have you done this?</p>	<p>No</p>	<p>Used the standard curriculum provision money</p>
<p>Have you provided CPD to improve the knowledge and confidence of staff to be able to teach swimming and water safety?</p>	<p>No</p>	<p>Staff that attend the swimming sessions work closely with the instructors and are building up their confidence and knowledge through supporting the instructors</p>

Signed off by:

Head Teacher:	<i>Vicki Gow</i>
Subject Leader or the individual responsible for the Primary PE and sport premium:	<i>Katy Heyworth</i>
Governor:	<i>Louise Dixon</i>
Date:	9 th July 2024