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| <b>WEEK ONE</b><br>Week Commencing:<br>30th October, 20th November, 11th December<br>1st & 22nd January, 12th February, 4th & 25th March<br>15th April, 6th May          | F+<br>AW2023-24         | MONDAY                                                                                                                  | SUGARWISE TUESDAY                                                                                    | WEDNESDAY                                                                                                  | SUGARWISE THURSDAY                                                                            | FRIDAY FAVOURITES                                                                                           |
|                                                                                                                                                                          | Traditional Main Course | Booths Pork & Vegetable Sausages or Vegetarian Sausages & Gravy with Creamed Potatoes & Mixed Vegetable Medley          | Homemade Chicken or Quorn Tikka Curry with Mixed Rice & Naan Bread                                   | Roast Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy                       | Lancashire Cheese & Potato Pie with Broccoli Florets or Baked Beans (v)                       | Golden Crumb Fish Fingers or Vegetable Fingers with Oven Baked Chips Garden Peas & Tomato Ketchup           |
|                                                                                                                                                                          | Pizza & Pasta           | Tomato & Mascarpone Pasta with Homemade Crusty Bread & Salad Selection (v)                                              | Tondo Pizza Panini with Potato Wedges & Sweetcorn (v)                                                | Mac 'n' Cheese Bake with Homemade Crusty Bread & Garden Peas (v)                                           | Pasta Neapolitan Italian Tomato & Herb Sauce with Homemade Crusty Bread & Salad Selection (v) | Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)                                             |
|                                                                                                                                                                          | Jacket Potato           | Oven Baked Jacket Potato with Baked Beans & Freshly Prepared Salad Selection (v)                                        | Oven Baked Jacket Potato with Cheese & Freshly Prepared Salad Selection (v)                          | Oven Baked Jacket Potato with Baked Beans & Freshly Prepared Salad Selection (v)                           | Oven Baked Jacket Potato with Tuna Mayo & Freshly Prepared Salad Selection                    | Oven Baked Jacket Potato with Cheese & Freshly Prepared Salad Selection (v)                                 |
|                                                                                                                                                                          | Dessert                 | Fruit Crumble & Custard or Fruit Yoghurt with Fruit Selection & Milk                                                    | Mini Lemon Cookie or Fruit Yoghurt with Fruit Wedges & Milk                                          | Raspberry Bun or Fruit Yoghurt with Fruit Selection & Milk                                                 | Mini Shortbread Biscuit or Fruit Yoghurt with Fruit Wedges & Milk                             | Chocolate Brownie or Fruit Yoghurt with Fruit Selection & Milk                                              |
| <b>WEEK TWO</b><br>Week Commencing:<br>16th October, 6th & 27th November, 18th December<br>8th & 29th January, 19th February, 11th March<br>1st & 22nd April, 13th May   |                         | MEAT FREE MONDAY                                                                                                        | SUGARWISE TUESDAY                                                                                    | WEDNESDAY                                                                                                  | SUGARWISE THURSDAY                                                                            | FRIDAY FAVOURITES                                                                                           |
|                                                                                                                                                                          | Traditional Main Course | Vegetarian Sausage Roll & Tomato Ketchup with Potato Wedges Garden Peas & Sweetcorn or Baked Beans (v)                  | British Beef or Veggie Burger in a Bun with Tomato Ketchup Paprika Wedges & Mixed Vegetable Medley   | Roast Pork or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy                          | Minced Beef or Quorn Hot pot with Crispy Sliced Potato Crust & Mixed Vegetable Medley         | Harry Ramsdens Crispy Battered Fish or Vegetable Fingers with Oven Baked Chips Garden Peas & Tomato Ketchup |
|                                                                                                                                                                          | Pizza & Pasta           | Mac 'n' Cheese Bake with Homemade Crusty Bread & Garden Peas (v)                                                        | Homemade Calzone Pizza with Rainbow Vegetable Pasta Salad (v)                                        | Pasta Arrabbiata Mild Chilli, Tomato & Sweet Pepper Sauce with Homemade Crusty Bread & Salad Selection (v) | Tomato Pasta Bake with Homemade Crusty Bread & Salad Selection (v)                            | Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)                                             |
|                                                                                                                                                                          | Jacket Potato           | Oven Baked Jacket Potato with Baked Beans & Freshly Prepared Salad Selection (v)                                        | Oven Baked Jacket Potato with Cheese & Freshly Prepared Salad Selection (v)                          | Oven Baked Jacket Potato with Tuna Mayo & Freshly Prepared Salad Selection                                 | Oven Baked Jacket Potato with Cheese & Freshly Prepared Salad Selection (v)                   | Oven Baked Jacket Potato with Baked Beans & Freshly Prepared Salad Selection (v)                            |
|                                                                                                                                                                          | Dessert                 | Marble Sponge & Chocolate Sauce or Fruit Yoghurt with Fruit Selection & Milk                                            | Mini Shortbread Biscuit or Fruit Yoghurt with Fruit Wedges & Milk                                    | Oaty Flapjack or Fruit Yoghurt with Fruit Selection & Milk                                                 | Mini Chocolate Shortbread or Fruit Yoghurt with Fruit Wedges & Milk                           | Fruit Jelly & Vanilla Cream or Fruit Yoghurt with Fruit Selection & Milk                                    |
| <b>WEEK THREE</b><br>Week Commencing:<br>23rd October, 13th November, 4th & 25th December<br>15th January, 5th & 26th February, 18th March<br>8th & 29th April, 20th May |                         | MONDAY                                                                                                                  | SUGARWISE TUESDAY                                                                                    | WEDNESDAY                                                                                                  | SUGARWISE THURSDAY                                                                            | FRIDAY FAVOURITES                                                                                           |
|                                                                                                                                                                          | Traditional Main Course | Booths Pork & Vegetable Sausages or Vegetarian Sausages & Tomato Ketchup with Paprika Potatoes, Garden Peas & Sweetcorn | Golden Crumb Salmon Fillet Fingers or Vegetable Fingers with Herby Potatoes & Mixed Vegetable Medley | Roast Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy                       | Mild Chilli Beef or Veggie Baked Bean Chilli with Mixed Rice & Broccoli Florets               | Golden Crumb Fish Fingers or Vegetable Fingers with Oven Baked Chips Garden Peas & Tomato Ketchup           |
|                                                                                                                                                                          | Pizza & Pasta           | Tomato & Mascarpone Pasta with Homemade Crusty Bread & Salad Selection (v)                                              | Cheese & Tomato Whirl with Potato Wedges & Baked Beans (v)                                           | Pasta Neapolitan Italian Tomato & Herb Sauce with Homemade Crusty Bread & Salad Selection (v)              | Mac 'n' Cheese Bake with Homemade Crusty Bread & Garden Peas (v)                              | Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)                                             |
|                                                                                                                                                                          | Jacket Potato           | Oven Baked Jacket Potato with Baked Beans & Freshly Prepared Salad Selection (v)                                        | Oven Baked Jacket Potato with Tuna Mayo & Freshly Prepared Salad Selection                           | Oven Baked Jacket Potato with Cheese & Freshly Prepared Salad Selection (v)                                | Oven Baked Jacket Potato with Baked Beans & Freshly Prepared Salad Selection (v)              | Oven Baked Jacket Potato with Tuna Mayo & Freshly Prepared Salad Selection                                  |
|                                                                                                                                                                          | Dessert                 | Chocolate Crunch & Custard or Fruit Yoghurt with Fruit Selection & Milk                                                 | Mini Lemon Cookie or Fruit Yoghurt with Fruit Wedges & Milk                                          | Paris Slice or Fruit Yoghurt with Fruit Selection & Milk                                                   | Mini Shortbread Biscuit or Fruit Yoghurt with Fruit Wedges & Milk                             | Iced Fairy Cake or Fruit Yoghurt with Fruit Selection & Milk                                                |