



Commons Lane
 Balderstone
 Blackburn
 Lancashire
 BB2 7LL
 Tel/Fax: 01254 769150



Head Teacher: Mrs V Gow

Parental Views on PE and School Sport Autumn Term 2022

Dear Parents/Guardians,

Firstly, I would like to thank you for taking the time to tell us your views and opinions about the provision of PE and sport in our school. Your views are very much appreciated.

The children will shortly be completing their own version now that the ipads are all set up and ready to go and I will also share these results with you once I have compiled them

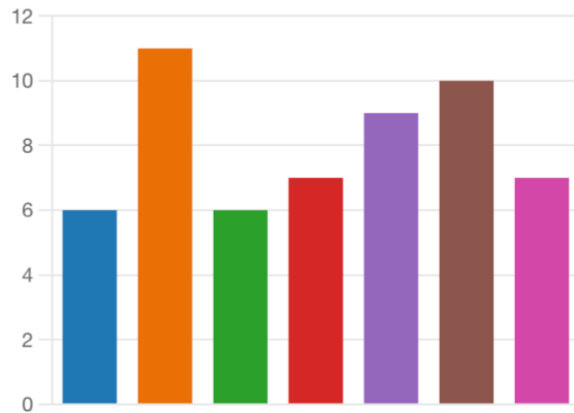
We had a good response and received responses from 36 parents, representing approximately 50% of the number of pupil's on rolls. The responses were from all age groups from Reception to year 6.

2. What year is your child/ children in?

[More Details](#)

- Reception
- Year 1
- Year 2
- Year 3
- Year 4
- Year 5
- Year 6

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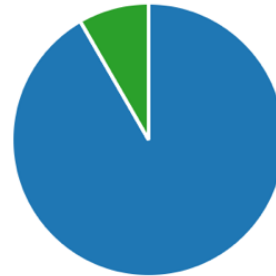


Overall, the responses were extremely positive and showed that as a school, we are achieving our main goal: To foster a love and enjoyment of PE and physical activity. 91% of parents who responded believe their child enjoys PE lessons! This is important not only for their lives today but also for their future - ensuring children lead and maintain a healthy lifestyle into adulthood.

3. Do you think your child/children enjoy PE lessons?

[More Details](#)

● Yes	33
● No	0
● sometimes	3



PROVISION

PE is a National Curriculum requirement and all children at Balderstone are provided with 2 hours each week of timetabled curriculum lessons. These are planned in half termly blocks, where children learn and develop skills related to a specific area of the curriculum. Our curriculum is carefully planned to ensure there is progression and development of skills: PE long term planning can be found at: <https://www.balderstoneschool.co.uk/pe-1/>

In addition to this, our PSHE and Science curriculum supports and develops children's understanding of how they can look after their physical and mental wellbeing. This includes looking at healthy eating and how the body works. Miss Lee also plans lunchtime meals carefully to ensure that the children receive a healthy and balanced diet whilst at school.

Whilst we were in COVID times, it was difficult for ALL schools to provide the usual level of after school clubs and competition. However, we did engage in virtual competitions with the school sports partnership and performed very well in some of these. Details of some of our past provision and successes can be found at <https://www.balderstoneschool.co.uk/news-competition-reports/>

We are aware that Children in Year 3 were in Reception when lockdown was first implemented and therefore have missed a lot of their infant experiences due to rules and regulations that were imposed at the time. This is something that we take into account across all subjects in school and we continuously seek to address missed opportunities for all children.

We are proud of our GOLD school sports mark award, which recognises our commitment to and our provision of PE and school Sport.

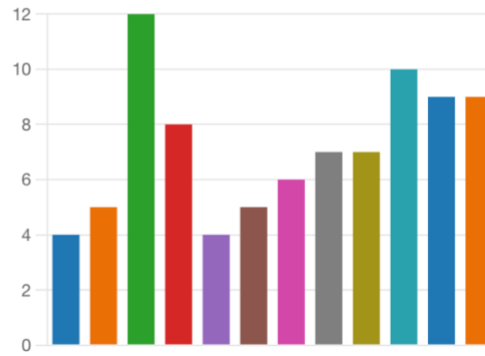


CLUBS

4. Did your child/children attend any of the after school clubs on offer last year?

[More Details](#)

Wellbeing Warriors (autumn)	4
netball	5
football (autumn)	12
tennis (summer 2)	8
hockey (autumn 1)	4
martial arts	5
yoga (autumn 2)	6
street dance (spring 1)	7
dance club (performance) (Sprin...	7
games (rounders/cricket/baseba...	10
athletics (summer 2)	9
N/A (New to the school)	9



When trying to organise extra curricular activities, our aim is to expose children to a wide variety of different sports and activities, in the hope that they are inspired to continue with this outside of school life and beyond. We want all children to lead a healthy and active lifestyle, even when they leave Balderstone and our clubs are planned with this in mind. In addition to this, some of our clubs are provided in order to prepare our children for some of the local competitions that we enter.

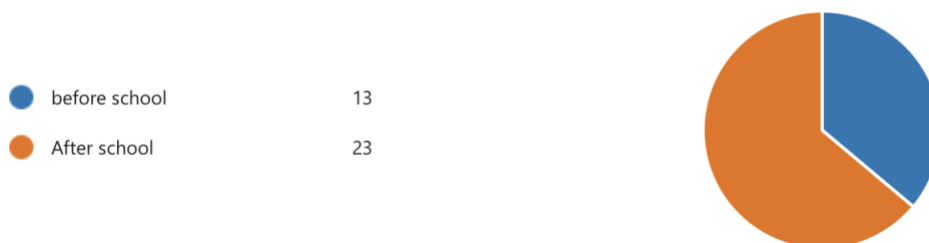
It is essential that we impose age restrictions on some of the clubs for safety reasons. The older children are too big to be participating with the little ones in games like tag rugby, football and netball. It is also difficult for coaches to effectively teach the skills needed to such a wide spread of ages and abilities. We also have to consider ratios when running some of these clubs. When planning the after school provision each term, we have to consider the space available and wet weather options if a club is outside. For this reason, it is difficult to put a club on for both KS1 and KS2 at the same time- particularly in the winter/wetter months. I will continue to try however to take comments about key stage clubs running simultaneously into account when planning half termly clubs.

We are proud of the wide variety of activities that we have been able to offer our children, despite the fact that we are a small school with limited staff numbers. All after school clubs offered in school, by school staff, are run on a voluntary basis.



7. What would be your preferred time of day for school to provide extra curricular sports provision?

[More Details](#)



There were a small number of requests for clubs to occur before school but the majority preferred after school clubs. We do currently have 'Activ8' (self defense/martial arts) on a Friday morning from 8am and there are always places available for this club. We also run a 'Daily mile' style club at 8.20am on Monday and Wednesday mornings: These are both run voluntarily by 2 of our wonderful school governors – Mrs Dixon and Mrs Riaz. Your child simply needs to turn up and sign in! Parents are also welcome to run (or walk!) with the children too. Both martial arts and daily mile are open to all year groups.

We appreciate that many children have commitments outside of school hours, which makes it difficult to attend after school clubs. Some parents mentioned that it would be better if they finished at 4pm. If your child wishes to attend a club that finishes later than this, please speak to a member of staff. We would love to see them participating, even if they do have to leave 15 minutes early – some activity is always better than none and we can always accommodate this.

We have increased our lunchtime provision this year, which is fully funded by the school sports premium. Each lunchtime sees two half hour slots, some of which are targeted to individual and identified groups of children, some are aimed at KS1 and some at KS2. We carefully monitor and track the children's participation in all our school sports provision and actively encourage those who are less reluctant to engage. As the weather improves and the field becomes more 'user friendly', we aim to introduce some new clubs which will encourage and (hopefully instill) a love of activity. Please do continue to encourage your child to sign up for these clubs – not only are they good for their physical health, but they also help the children socially and emotionally.

Our clubs are all listed termly on our school website:

<https://www.balderstoneschool.co.uk/pe/> and are timetabled on our sports noticeboard in the hall. Some of these clubs are free and run voluntarily by staff, some are funded by the school sports money and for some, there has been a small charge. We appreciate the cost implications if you have more than one child, and we try to continue to provide some sports clubs free of charge.



COMPETITIONS

We are a member of the Hyndburn and Ribble Valley School Sports Partnership (HRVSSP), which we pay for using the school sports premium money. The partnership co-ordinate and arrange all the competitions against local schools. Based on recent Government and Sport England research, the focus of events has now shifted. As a result, there are less competitive games and more events which are classed as “School Games” events. The purpose of these events is to try and engage more children in physical activity by providing fun, inclusive events.

At Balderstone, we try very hard to ensure we enter a balance of competitive and School Games events and we ensure that EVERY child from Y1 – Y6 has an opportunity to represent Balderstone school each academic year. The participation of EVERY child in these events is carefully tracked to ensure that everyone is given the opportunity to represent school. We recognise the many positive effects of being part of a team and representing school on children’s confidence and wellbeing and we strive to continue working in this way.

Each competition that we enter often relies on the goodwill of members of staff, who attend these on a voluntary basis and again, we are proud of how many opportunities we provide given the small size of our school and the limited amount of staff available.

One of the biggest challenges in deciding whether to enter an event, is transport. The increase in fuel prices has impacted on the cost of coach/minibus hire enormously and we are extremely grateful to those parents who offer to help. Without this, we would not be able to enter many of the events that benefit our children – so **THANK YOU** for giving up your time (and fuel) in order to support us!

What Next?

In 2022/23 we hope to build on our successes and provision. We have an exciting “Quidditch Day” (Interhouse competition) planned for the end of the Spring Term and lots more clubs and events to enter. Our plans and spending of the school sports money can be found at <https://www.balderstoneschool.co.uk/202223/>

Please do visit the PE pages regularly <https://www.balderstoneschool.co.uk/pe/>

as they are frequently updated and contain lots of information about our successes and what’s happening in school. Don’t forget to join us on Twitter as well to keep up to date with events in school and at competitions.

Thank you again for your feedback,

Best wishes,

Mrs Heyworth



